

List of Workshops

Presentations Available Upon Request

Can be Adapted to any Grade Level

- Black History Month
- Build Your Own Happy Place (Legos)
- Cesar Chavez Day
- Classroom Expectations
- Coping with Anxiety & Stress
- Cultural Awareness
- Digital Safety & Social Media
- High School, College, & Career Information
- Origami
- Self-Care and Love Languages
- Self-Care as a Habit
- Successful Student Traits
- Women's History Month
- Yoga for Staff and Students